

Memberships

Two types of memberships are offered:

Family Memberships

Family memberships are \$400.00 per year and full payment is due upon enrollment. A family membership includes each spouse and all children 18 years of age and younger. When children reach the age of 19, they must maintain an individual membership.

Individual Memberships

Individual memberships are \$275.00 per year and full payment is due upon enrollment. Individual memberships are available for those 16 years of age and older. Individuals desiring a single membership under the age of 18 must have their parents enroll them. Upon enrollment members will be issued an official MSLC identification card that must be used to enter the facility.

General Regulations

An orientation session is required before any use of the facility or equipment can occur.

1. All MSLC members must sign in at the front desk to use facility.
2. Appropriate shoes must be worn in all areas at all times.
3. All are required to treat the facility, its equipment and furnishing, with extreme care.
4. Equipment must be checked out from the front desk with a valid MSLC ID card and promptly returned after use.
5. Children 15 years of age and younger must be accompanied by one of their parents in order to enter the McKenzie Student Life Center. Children under the age of 12 are not permitted to be in the fitness room.

Hours of Operation

Monday - Thursday
6:00 a.m.- 11:45 p.m.

Friday
6:00 a.m.- 11:45 p.m.

Saturday
8:00 a.m.- 11:45 p.m.

Sunday
2:00 p.m. - 6:00 p.m.
8:00 p.m. - 10:45 p.m.

*Closed on Wednesday and Sunday
from 6-8 p.m. (Church)*

*Closed Tuesday and Friday
from 11 a.m.-12 p.m. (Chapel)*

MSLC Break Hours
(Spring; Summer; Fall; Winter; Holidays)

Monday - Friday
6:00 a.m.- 10:00 a.m.
4:00 - 9:00 p.m.

Saturday
9:00 a.m.- 12:00 p.m.

Sunday
CLOSED

Kentucky Christian University
100 Academic Parkway
Grayson, Kentucky 41143-2205

McKenzie Student Life Center
Phone: 606-474-3144
Fax: 606-474-3170

For more information regarding Alumni Association members' use of the facility contact the Alumni Office at 606-474-3277.

Kentucky Christian University practices equal opportunity in both admissions and employment and does not discriminate on the basis or race, national or ethnic origin, sex, color, age, or handicap (consistent with Section 702 of Title VII of the 1964 Civil Rights Acts which deals with exemptions for religious corporations with respect to employment of individuals with specific religious convictions).

*McKenzie
Student Life
Center*



*Rules &
Regulations*

Locker Room

Attire

1. Bathing suits must be worn in spa at all times.
2. In order to use the sauna, you must wear a bathing suit or have your torso wrapped in a towel.
3. Bathing suits are not to be worn outside the locker room area.



Use of Facility

1. No food or drinks in the locker room.
2. You **must** shower before entering the spa or sauna.
3. You must adhere to the posted time limits for the spa and sauna.
4. Return towels to the front desk immediately after use. (Do not leave in the locker room).

Tennis & Racquetball Courts

Reserving of Courts

1. Courts can only be reserved for a one hour session.
2. Reservations/ sign-ups are made at the front desk.
3. Reservations/ sign-ups can only be made for the current date. (Call-in reservations are accepted.)

Court Use

1. No food or drinks in court areas.
2. Appropriate athletic footwear must be worn (no black soled shoes).
3. T-shirts must be worn.

(continued)



4. Shorts must be modest in length and fit.
5. Safety eyewear required to be appropriately worn in racquetball courts.
6. Only blue racquetballs may be used (no black handballs).

Student Lounge

Clothing

1. Clothing just worn in the weight room or tennis/racquetball courts cannot be worn in the lounge.
2. Shoes must be worn in the lounge area at all times.

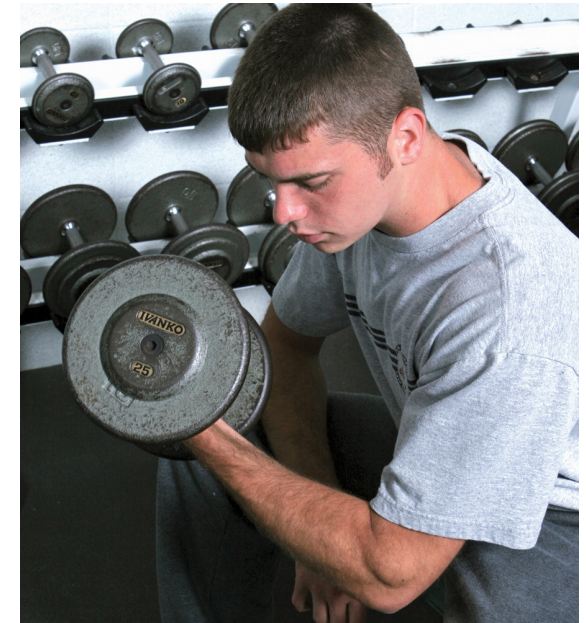
Conduct

Kentucky Christian University has high expectations regarding the behaviors/conduct exhibited on the campus of Kentucky Christian University. In order to maintain these standards the following regulations will apply:

1. No gambling.
2. Emotional outbursts will not be tolerated.
3. Inappropriate public displays of affection are unacceptable.
4. Movies rated G and PG are acceptable for lounge viewing.
5. The use of drugs, alcohol and tobacco is prohibited.

Use of Facility

1. Games, VCR/DVD access and ping-pong paddles can be checked out at the front desk.
2. Furniture is not to be moved within or removed from the lounge area.
3. Please do not sit on the tables and/or stand on sofas and chairs.
4. Please store coats and bookbags in the coat-room.



Weight Room

Clothing

1. T-shirts and modest shorts must be worn at all times.
2. No thongs or sports bras may be worn as outer wear.
3. Spandex may not be worn as outer wear.
4. Appropriate athletic foot wear must be worn at all times.
5. For your own protection, we recommend that no jewelry be worn in the weight room.

Use of Facility

1. No food or drinks in the weight room.
2. Aerobic steps can not be removed from the facility or moved within the weight room.
3. Pins are not to be removed from their machines.
4. The buddy system is required in the free weight area. Weight belts are recommended
5. Weights and/or weight stacks are not to be slammed or dropped, a negative workout should be emphasized.
6. Always return weights, belts, bars, etc. to their proper storage areas immediately after use.